

Chemical Peel Pre-Procedure Instructions

To maximize the desired outcome of your chemical peel, we recommend you follow the following pre-procedure instructions **prior** to your scheduled treatment:

General Home Care Regimen Advice:

- Incorporate a Retinoid into your home care regimen.
- Use a physical sunscreen with at least an SPF 30+ every day

Three Weeks Before Appointment

- No tanning

Two Weeks Before Appointment

- No IPL or Laser Hair Removal

One Week Before Appointment:

- Stop use of Retinoid products (Retin A, Tri Retinol Complex, etc.)
- Discontinue the use of any benzoyl peroxide products or any other product that can cause dryness, redness or irritation.
- No facial waxing
- No filler
- No Botox